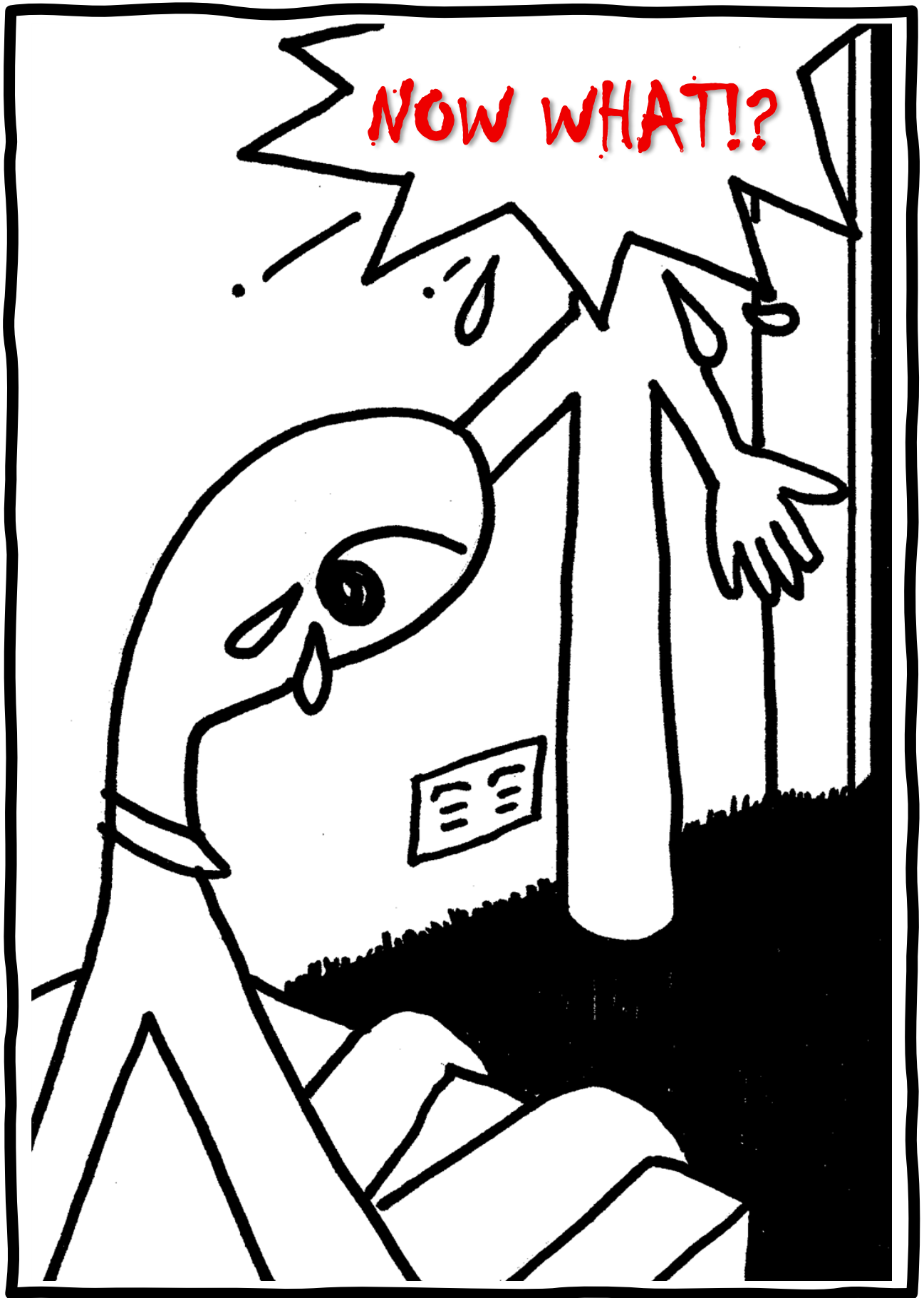


# Introduction

NOW WHAT!?



# INTRODUCTION

## BACK IN THE DAY!

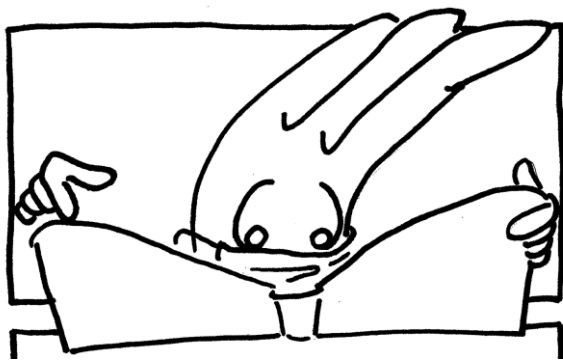
Brace yourself because you will read this a lot in this book...

### ***BACK IN THE DAY!***

Back in the day, we got a whole lot of lip service. We got it from our parents, older siblings, aunts and uncles, teachers, neighbors, pastors, and the occasional church mother or two. If we were ever unsure of a decision or path to take you better believe one of these adults was at the ready to provide advice even if unsolicited. And guess what? We survived the onslaught of constant put downs and criticisms. We also survived the heavy hand of discipline. We survived the condescending lectures given with scary ultimatums and threats of starvation. We survived it all! The biggest take away from this generational upbringing is that we learned to listen. No matter what tone the advice was given in, we listened to survive.

The debate among current generations is who learned and gained the most with the least amount of interference from our elders? Instead of interfering overprotective overbearing adults, the generational debate should be about who is going to survive this impending societal mess that we are to experience soon? Who is willing to fix it? All blame aside.

If you are choosing to read this book you are going to have a head start on everybody else because everyone knows that well kept secrets are hidden somewhere in some book or two or three. Who reads you ask? And who reads books? You do!

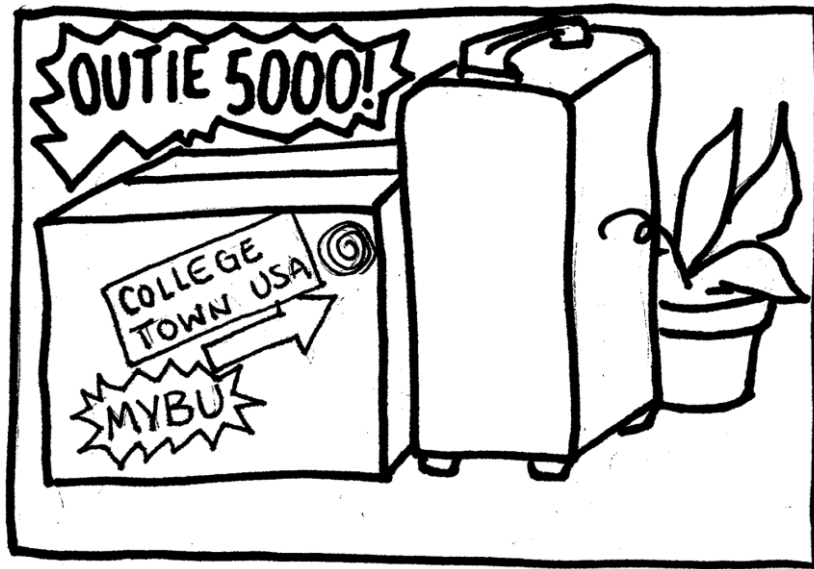


You read books! If the pandemic of the 20's taught us one thing it was to sit down somewhere and read a book or

make a reel or two. While sheltering in place we (young and old) learned to laugh while streaming and reading about the misfortune of others who missed out on the psychological

survival skills taught to us by the *silent generation* parents.

Traditionalists of the silent generation went through that exact same thing in the 50's and 60's. Try three disease outbreaks to contend with at one time. Because we (the boomers) were

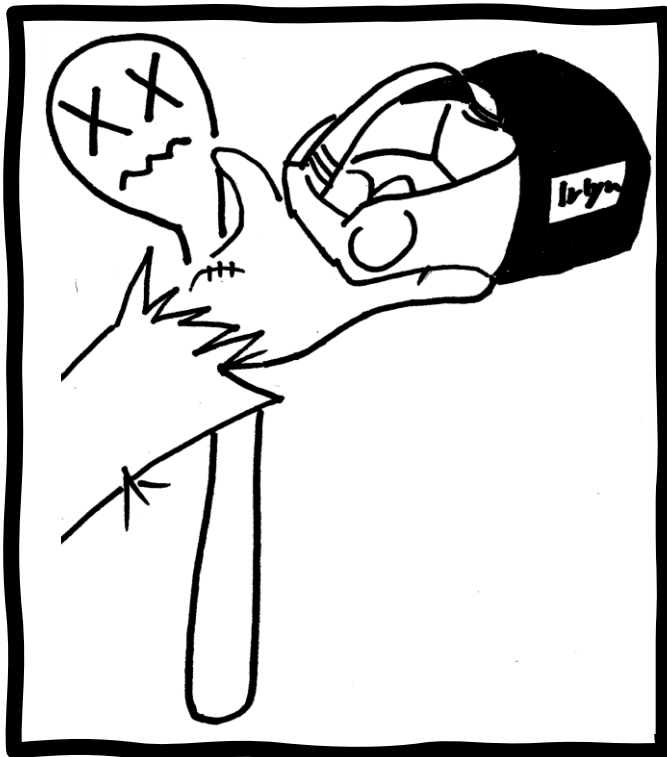


lackadaisical in  
handing down the  
advice and  
traditional values to  
our children there  
has been a strong

disconnect. We were just so happy to finally be out from under the tyrannical control of dictator-like child rearing. This book is my effort to pass along some of the advice that was given to me by my traditionalist parents. Hopefully, you will retain it like I did and be able to survive (physically and mentally) the next apocalyptic event on the border horizon. But...

**Zombies!**

Hey! Whether zombies are real or just realistic fiction, it's better to not take chances, right? If I were you, I would read on just in case. So, what exactly is a zombie. When we were growing up, we called them the living dead. People aimlessly walking about eating other people's brains. Since they were undead the only way to stop them was to shut down their motor ability and that meant disconnecting the brain from the nervous system. This is why we were told to aim for the head when taking out zombies.



Now, in this new high-tech society there are many advances in everyday situations. Who's to say that zombies couldn't advance with us? New tech, new threats. Zombies in space

maybe?! Zombie AI? The possibilities of a realistic or fictional zombie takeover are endless! Let's get started!